



# SNAP-Ed



## August, 2014

### Monday, August 25

No events

### Tuesday, August 26

Reformed Church of Fort Plain, 165 Canal St., Fort Plain, NY 13339 **MC**

9:00-10:00 – Smart Shopping

10:00-11:00 – Vegetables and Fruit-Making a Difference

### Wednesday, August 27

First Congregational Church, 31 E. Fulton St., Gloversville, NY 12078 **FC**

9:30-10:30 – How Much Sugar Do Your Drink

10:30-11:30 – Be a Label Detective to Know Your Dairy

12:00-1:00 - How Much Sugar Do Your Drink

1:00-2:00 - Be a Label Detective to Know Your Dairy

### Thursday, August 28

No events

### Friday, August 29

Trinity Lutheran Church, (DSS series) 42 Guy Park Ave., Amsterdam **MC**

9:30-10:30 – How Much Sugar Do Your Drink (English)

9:30 -10:30 - Be a Label Detective to Know Your Dairy (Spanish)

10:30 – 11:30 – Be a Label Detective to Know Your Dairy (English)

10:30-11:30 – How Much Sugar Do Your Drink (Spanish)

## September, 2014

### Monday, September 1

Holiday

### Tuesday, September 2

Reformed Church of Fort Plain, 165 Canal St., Fort Plain, NY 13339 **MC**

9:00-10:00 – Eating Smart with My Plate

10:00 – 11:00 – Planning for Health

### Wednesday, September 3

First Congregational Church, 31 E. Fulton St., Gloversville, NY 12078 **FC**

9:30-10:30 – Food Safety

10:30-11:30 – Activity for Life

12:00-1:00 – Food Safety

1:00-2:00 – Activity for Life

**Thursday, September 4**

No events

**Friday, September 5**

Trinity Lutheran Church, 42 Guy Park Ave., Amsterdam, NY 12010 **MC**

9:30-10:30 – Food Safety (English)

9:30 -10:30 – Activity for Life (Spanish)

10:30 – 11:30 – Activity for Life (English)

10:30-11:30 – Food Safety (Spanish)

**Monday, September 8**

No events

**Tuesday, September 9**

Reformed Church of Fort Plain, 165 Canal St., Fort Plain, NY 13339 **MC**

9:00-10:00 – How Much Sugar Do Your Drink

10:00-11:00 – Be a Label Detective to Know Your Dairy

**Wednesday, September 10**

First Congregational Church, 31 E. Fulton St., Gloversville, NY 12078 **FC**

9:30-10:30 – Smart Shopping

10:30-11:30 – Vegetables and Fruit-Making a Difference

12:00-1:00 - Smart Shopping

1:00-2:00 - Vegetables and Fruit-Making a Difference

**Thursday, September 11**

No events

**Friday, September 12**

Trinity Lutheran Church, 42 Guy Park Ave., Amsterdam, NY 12010 **MC**

9:30-10:30 – Smart Shopping (English)

9:30-10:30 – Vegetables and Fruit-Making a Difference (Spanish)

10:30-11:30 – Vegetables and Fruit-Making a Difference (English)

10:30-11:30 – Smart Shopping (Spanish)

**Monday, September 15**

No events

**Tuesday, September 16**

Reformed Church of Fort Plain, 165 Canal St, Fort Plain, NY 13339 **MC**

9:00-10:00 – Food Safety

10:00-11:00 – Activity for Life

**Wednesday, September 17**

First Congregational Church, 31 E. Fulton St., Gloversville, NY 12078 **FC**

9:30-10:30 – Eating Smart with My Plate

10:30 -11:30 - Planning for Health

12:00 – 1:00 – Planning for Health

1:00-2:00 – Eating Smart with MyPlate

**Thursday, September 18**

No events

**Friday, September 19**

Trinity Lutheran Church, 42 Guy Park Ave., Amsterdam, NY 12010 **MC**

9:30-10:30 – Eating Smart with My Plate (English)

9:30 -10:30 - Planning for Health (Spanish)

10:30 – 11:30 – Planning for Health (English)

10:30-11:30 – Eating Smart with My Plate (Spanish)

**Monday, September 22**

No events

**Tuesday, September 23**

Reformed Church of Fort Plain, 165 Canal St., Fort Plain, NY 13339 **MC**

9:00-10:00 – Smart Shopping

10:00-11:00 – Vegetables and Fruit-Making a Difference

**Wednesday, September 24**

First Congregational Church, 31 E. Fulton St., Gloversville, NY 12078 **FC**

9:30-10:30 – How Much Sugar Do Your Drink

10:30-11:30 – Be a Label Detective to Know Your Dairy

12:00-1:00 - How Much Sugar Do Your Drink

1:00-2:00 - Be a Label Detective to Know Your Dairy

**Thursday, September 25**

No events

**Friday, September 26**

Trinity Lutheran Church, (DSS series) 42 Guy Park Ave., Amsterdam **MC**

9:30-10:30 – How Much Sugar Do Your Drink (English)

9:30 -10:30 - Be a Label Detective to Know Your Dairy (Spanish)

10:30 – 11:30 – Be a Label Detective to Know Your Dairy (English)

10:30-11:30 – How Much Sugar Do Your Drink (Spanish)

**To attend a program or to arrange for an event with your organization,  
contact CCEFM at 518-673-5525**

**For more information about nutrition programs, food pantry locations,  
recipes and general nutrition articles — go to the Healthy Living or Eat  
Smart NY program pages at:  
[www.ccefm.com](http://www.ccefm.com)**

For an up to date calendar of SNAP-Ed events in Fulton and Montgomery Counties visit  
Cornell Cooperative Extension of Fulton & Montgomery Counties at  
[www.ccefm.com/EatSmartNewYork](http://www.ccefm.com/EatSmartNewYork)

Cornell Cooperative Extension of Fulton & Montgomery Counties provides equal program and employment opportunities